



Piedmont Midget Football League (PDMF) - Middle School Football for Rising 6th – 8th Grade

Piedmont Midget Football (PDMF) is a non-profit, community rec. association that runs the middle school football program at Piedmont Middle School.

Beginning Monday, April 1st Spring & Summer off-season Workout Program for player conditioning, evaluation and instruction in preparation for the Fall season. Team workouts will continue thru June & July. There is no charge for the Spring & Summer off-season Workout Program.

Players will need:

- To wear shorts and cleats
- Bring plenty of water
- Completed permission / waiver form (located on the www.pdmf.org website)

On-line sign-ups for fall are open at www.PDMF.org

Fall Season registration includes high school camp:

- **\$250 if signed up by May 31st**
- **\$275 if signed up after May 31st**



Piedmont Midget Football is for rising 6th – 8th graders



For more information go to www.PDMF.org or email piedmontmidgetfootball@gmail.com

Spring workouts will be held two nights per week from 6:00-8:00pm at Piedmont Rec Football Field (3504 Zebulon-Williams Road) beginning Monday, April 1st